

For the past decade, Antonia had the trust of over 240 clients, contributing to their success in more than 500 events and managing teams of more than 100 coordinators. Her utmost motivation is driven by her belief in the greater good, authenticity, harmony, empathy and personal evolution. These personal values propel her impact in the world. Through coaching, Antonia helps people connect with their values and personal talents, to feel more empowered, to develop a charismatic influence and have a fulfilling life, while developing their social and emotional intelligence.

Here's what Antonia says about herself:

„Talking about emotional intelligence, I believe that is as important as the golden ratio principle, commonly found in nature. When applied to design and art, the Golden ratio provides a sense of harmony and proportion. This has been recognized for thousands of centuries from Leonardo da Vinci's Vitruvian man to today's world inventions. Likewise, at the heart of emotional intelligence lies the effective proportion of skills that define our personal successful mindset to manifest excellence in all life areas. While working on my emotional intelligence skills, I became aware of how to build resilience and personal strength. This process allowed me to transform my fear of the ocean depths and emotions into passions. Those two passions lead me to become a certified diver and a coach on emotional intelligence. I have this strong belief that we can redefine success and happiness, and have a fulfilling life. I wish this knowledge to be of guidance to many more people in Bulgaria and help children have a successful start in life.“